



## **BULLETIN**

### **5<sup>th</sup> Greek Nireas Artistic Swimming Cup**

**20-21& 22 March 2020**

#### **Rules**

- The meeting will be conducted according to **FINA** Age Group Rules
- Competition will be held in three days (**The schedule will be confirmed just after the final entries**).
- Venue : Municipal Pool of Chalandri "N. PERKIZAS",146 Pentelis Avenue, Chalandri,
- Competition pool: 25 m indoor

#### **Competition Age groups:**

- 1) Age group 12 and over (born 2008 and before) OPEN
  - 2) Age group 14-16 years old (born 2002-2006) JUNIOR
  - 3) Age group 13-15 years old (born 2005-2006-2007)
  - 4) Age group 12 & under (born 2008-2009-2010)
  - 5) Age group 8-9 years old (born 2011-2012)
- Foreign clubs are welcome to participate in this Competition.



- Events are **Solo, Duet, Mixed Duet, Team, Free Combination & Figures** for Age Group OPEN, JUNIOR, 13-15 and Age group 10-12. (Open and Junior category only free events)
- The athletes in age group 8-9 years old can participate in team event (4-6 athletes) duration of routine 1 minute  $\pm$  5 seconds. All the events will be direct finals.
- All finals : 50% figure+50%free routine
- Each club may participate with 1 Solos, 1 Duets, 1 Mixed duet, 1 Team, 1 Combo in each category. The host club may participate with 2 Solos, 2 Duets, 2 Teams, 2 Combos in each category.
- There will be separate awards for each age group category. Medals shall be awarded to the competitors first, second, third place for age groups: OPEN, JUNIOR, 13-15 and 12 & under. For age group 8-9 years there will be only participation certificate.
- Diplomas will be awarded to all competitors.
- The club ranked 1<sup>st</sup> shall be awarded a trophy according to national competition rules.
- Each club participating in the meeting must send at least one certified judge.
- Each club shall be financially responsible for the expenses for accommodation and travel of its team. The Entry fee per person for the event is 35€.
- All reservations will be made through the organizing club, **not the hotels please.**

### Deadlines

- Preliminary Entries by 20<sup>th</sup> January 2020
- Accommodation Booking form by 20<sup>th</sup> January 2020
- Final Entry 15<sup>th</sup> February 2020



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